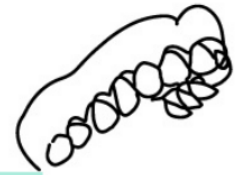


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IMMEDIATE DENTURES



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WHAT ARE IMMEDIATE DENTURES?

An Immediate Denture is a denture that is constructed before your teeth are removed and inserted into the mouth immediately post extraction of natural teeth.

ADVANTAGES OF IMMEDIATE DENTURES

An Immediate Dentures is an option available for patients whom do not wish to be without teeth for any period of time.

Removal of broken or decayed teeth can have an overall benefit to your health and wellbeing. Immediate replacement will restore your smile and allow you to slowly re-gain eating ability.

The Immediate Denture may also act as a covering or 'pressure bandage' to the extraction sites, assisting with protection during the healing process.

Immediate Dentures may also assist with preventing any neighbouring teeth from drifting into the extraction space when a tooth has been removed and not immediately replaced.

IMMEDIATE DENTURE CONCERNS

The fit, appearance or comfort of an immediate denture is very difficult to predict. There is no way the denture can be fit or inserted in advance to show you what the denture will look like, how well you are able to bite and chew, or how it will fit.

They will cause discomfort making the first week or two after insertion difficult. This is caused by the pain of the extraction sites, and any sore spots caused by the new immediate denture.

CONCERNS CONTINUED

While the natural process of gum and bone shrinkage and remodeling takes place, the denture may require temporary linings with tissue conditioners or the use of denture adhesives during the healing period.

It will be difficult to eat and speak initially, almost like learning to eat and speak all over again. Speech will improve with practice, as the tongue adjusts and finds new landmarks on your denture. We encourage you to speak, sing and read out loud as much as possible to assist this process. Your ability to bite and chew will unlikely feel as it once did with natural teeth, but you will eventually adapt and become more confident with time. We encourage you to cut your food into smaller portions and avoid using your dentures to bite directly into food.

Many other denture factors are unpredictable such as the gagging tendency, increased salivation, different chewing sounds and facial contour.

It may be difficult or impossible to insert the immediate denture on the first day. Every effort will be made to do so. If it is not possible, it will be inserted or remade as quickly as possible.

Every effort is made to duplicate or improve on the position of your natural teeth, but if the immediate denture is not what you expected, you may choose to have a second denture made and this would be suggested post the shrinkage of the gums. This is an additional cost.

Immediate dentures must be worn for the first 24 hours without being removed by the patient (this helps to put pressure on the socket sites to reduce bleeding). If they are removed, they may not be able to be reinserted for 3-4 days due to swelling of the tissues and tenderness of the socket sites. The practitioner can remove them at the 24-48 hour visit if you are having difficulty with removal.

Because supporting tissue changes are unpredictable and due to gum shrinkage post extractions, immediate dentures will require a reline to tighten and extend the denture, this is generally suggested 3-4 months post extractions. Some patients may require more than one reline, again it is unpredictable. This is an additional cost to your immediate denture.

COMPLETE DENTURE RELINING



DAY 1

The denture will feel snug as the soft tissues and gum are swollen following extractions.

AFTER A COUPLE OF WEEKS

The gum level above the denture will begin to recede as the extraction areas continue to heal (this can happen fairly quickly for some, and can take a little longer for others). Eventually the complete denture will become loose, and begin to cause discomfort. When you notice your denture is starting to feel loose or uncomfortable, it is time to re-visit your dental prosthetist for a follow-up appointment.



WE ARE HERE TO HELP! ITS TIME TO HAVE YOUR DENTURE RELINED

Contact the Dental Prosthetist if you have any concerns or sore spots resulting from pressure of the denture on your gums.



A reline will replace the missing tissue (caused by continued healing and resorption) and re-stabilize your denture. You may require more than one reline depending on your individual tissue resorption. A temporary reline may also be required in the lead up to your permanent reline. This is in the form of a tissue conditioner, which is a soft product that molds to the shape of your gums and can help to condition traumatized tissue.

THE DENTURE MAKING PROCESS

To make your immediate denture it is likely we will arrange a series of appointments to gather all of the required information. For some patients we are able to obtain all of this information in one appointment, where as for others it may take 3-4 visits. These appointments will involve impressions being taken of your teeth, a record of how your upper and lower teeth bite with one another, and selection of a tooth colour. Every effort will be made to show you a 'mock-up' of how your denture will look, prior to processing in to the completed denture. If you have any photographs of your smile at a time you were happy with your appearance, we encourage you to bring them with you or send through a copy via email/ message.

ESTIMATION OF COST

The cost of your immediate denture will depend on a variety of factors, including the number of teeth to be replaced and the material chosen. If you are having all of your remaining teeth removed, we would look to construct you a full/ complete denture which cost approximately \$1300 each and takes roughly 3-5 weeks to construct, these also require a reline after 6-12 months to re-adapt the fitting surface to your healed gums which costs roughly \$450. If you are holding on to any of your remaining teeth, we are able to construct a partial denture for you which will utilise your teeth to help the denture feel stable. These can be made in a variety of materials and range in cost from \$900-\$2500, the turn around time also depends on the material chosen (from 1-6 weeks).
